



## Personal Construct Psychology (PCP) Foundation Course 2023

**Coventry Constructivist Centre** provides low cost CPD in Personal Construct Psychology

**Cost:** £210 plus purchase of the course book for approx.£7.99

**Venue:** Zoom

### **Dates and times:**

All sessions are 10am-12pm

Thursday 5th October

Thursday 12th October

Thursday 19th October

Thursday 2nd November

Thursday 9th November

Thursday 16th November

Thursday 23rd November

Thursday 30th November

Thursday 7th December

Thursday 14th December

### **Included**

Digital copies of presentations

### **Find out more**

Details of the Coventry Constructivist Centre and our courses can be found at

[www.covpcp.com](http://www.covpcp.com).

### **The Foundation Course**

This course provides an introduction to the theory and principles of Personal Construct Psychology (PCP), allowing participants to develop a practical understanding of the theory which will then guide their work. The theoretical base of PCP is broad and robust, which makes this an approach with wide applicability in clinical and educational settings, but also in supervision, coaching, staff management, staff development, and organisational change.

Following completion of the Foundation Course there are opportunities to attend further workshops and supervision in order to help you to begin to apply the theory in your own setting should you wish. Personal Construct Psychotherapy, which has developed from PCP, is a flexible approach to therapy which is well suited to consultation and short term work, as well as to more intensive clinical work. It is suitable for all client groups, ages, and ranges of ability. In this age of the quick fix, Personal Construct Psychotherapy is often useful when other therapies have failed to produce sustained improvement.

### **Facilitators**

The course is taught by tutors who are all HCPC registered and have many years of experience in PCP. Between them, they have a range of publications about their therapeutic work using PCP. The tutors are Diane Allen, Peter Cummins, Heather Moran, Sally Robbins and Grant Weselby. ([Our Staff](#)).

### **Course sessions**

The course has been successfully delivered on Zoom since 2020 and the course materials and sessions have all been revised and updated to suit that format. There will be an emphasis on practical exercises which help participants to engage well with the materials presented.

As the course is delivered in a seminar format, participants are expected to spend at least an additional 2 hours per week to prepare for sessions by reading the newly-revised Foundation Guide and completing relevant exercises. A link will be emailed to you so you can order direct from Amazon. This will cost an additional approx. £7.99.

A maximum of 16 places are available to allow for a more personalised teaching and learning experience. Participants are expected to attend all 10 sessions.

### **To book a place, email Sally Robbins: [sally@covpcp.com](mailto:sally@covpcp.com)**

When your place is confirmed, you will need to pay the fee to secure your place, and to provide details of your name, professional role, personal email address & mobile number (for emergency contact in case of a problem before or during the course). Places are allocated on a first come, first served basis. In the event that there are insufficient numbers to proceed with the course, all monies will be refunded. Please note that the fee cannot be refunded for failure to attend once a place is reserved.